

MaineHealth Dept. of Psychiatry Grand Rounds

January 6, 2026

"The Power of Discord: A relational model of mental healthcare rooted in the developmental science of early childhood"

8:00 am – 9:00 am **VIRTUAL ONLY**

Presented by:

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Pediatrician
Early Relational Health Specialist
Executive Director, *Hello It's Me Project*

At the conclusion of this activity, participants will be able to:

- Recognize the value of working from a stance of not-knowing
- Describe the role of mismatch and repair in healthy and derailed infant development
- Define trauma-informed care from the perspective of meaning making in relationships



In support of improving patient care, MaineHealth is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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